



Toronto Leaside Girls Hockey Association

“Learn-to-Play” Program

For Girls Born in the Years 2003 & 2004

Program Philosophy

Leaside’s Learn-to-Play Program is modeled on Hockey Canada’s *Initiation Program*, Canada’s premiere learn-to-play program for beginning players.

Hockey Canada developed the program to ensure that the child’s first contact with hockey is a safe and positive experience.

The program enables young girls to become contributing members of a team effort, develop self-confidence, experience a sense of personal achievement and learn the game of hockey.

What Is It?

Learn-to-Play is a progressive, learn to play teaching curriculum. Children learn through participating in practice drills and informal and modified games (such as shinny, freeze tag, and obstacle courses).

The skills of skating, puck control, passing and shooting are introduced and refined in a progressive “one step at a time” manner.

When/Where Is It?

The season runs for 24 weeks from late September to March.

All Learn-to-play sessions are held on Sunday mornings at 7:00 am Leaside Memorial Gardens.

If you have any questions regarding Toronto Leaside Girls Hockey’s Learn-to-Play program call Ron Baker @ 416-559-8251 and/or visit our website at www.leasidegirlshockey.org for registration and more program information.