



# Toronto Leaside Girls Hockey Association

## “Learn-to-Play” Program

### For Girls Born in the Years 2005 & 2006

#### Program Philosophy

Leaside’s Learn-to-Play Program is modeled on Hockey Canada’s *Initiation Program*, Canada’s premiere learn-to-play program for beginning players.

Hockey Canada developed the program to ensure that the child’s first contact with hockey is a safe and positive experience.

The program enables young girls to become contributing members of a team effort, develop self-confidence, experience a sense of personal achievement and learn the game of hockey.

#### What Is It?

Learn-to-Play is a progressive, learn to play teaching curriculum. Children learn through participating in practice drills and informal and modified games (such as shinny, freeze tag, and obstacle courses).

The skills of skating, puck control, passing and shooting are introduced and refined in a progressive “one step at a time” manner.

#### When/Where Is It?

The season runs for 24 weeks from late September to March.

All Learn-to-play sessions are held on Sunday mornings at 7:00 am. One program will be held at Leaside Memorial Gardens and a second is planned for Ted Reeve arena.

If you have questions call 416-488-6737, email [leasidegirlshockey@hotmail.com](mailto:leasidegirlshockey@hotmail.com) and/or visit our website at [www.leasidegirlshockey.org](http://www.leasidegirlshockey.org) to register and for more information about the Toronto Leaside Girls Hockey Association.