



Leaside Girls Hockey Bantam C 2008/09

The focus for the Leaside Bantam C team next year will be to build upon the success that we have had in PeeWee and Bantam. We will provide the girls a competitive hockey experience within a fun and nurturing learning environment.

The hockey focus is on a combination of individual skill development and team play. We will try to equally allocate our practice time between these two aspects. We will have an outside instructor lead the girls in a skills session every other week. Our team play revolves around an aggressive forecheck system, hustling backchecking and cohesive defensive zone coverage. Our basic hockey philosophy is centered on a free-flowing fast skating style where we try to teach the girls to maintain and identify a number of options - both defensively and offensively.

The program will include 2 practices each week. One practice is focused on individual skill development, and every other week this session will hopefully be run by Annie Fahlenbock of Fierce Hockey. The second practice will focus on our systems and philosophies of team play. We will play 1-2 games per week. We will also enter 4-5 tournaments; likely two of these tournaments will be out of the Toronto area. In total we expect to play about 40-50 games next year. We are going to try and arrange a mini-camp for the team at the end of August.

The coaching staff of the Leaside Wildcats Bantam C team for the 2008/09 season will include myself and Nick Lewis. Nick and I have coached together for several and this will be our second year coaching a competitive Wildcats team and we are looking forward to it.

We have developed a strong core of girls over the past few years but we are always looking for girls that can be a positive addition to the team both on the ice and in the dressing room. We want the girls to enjoy the game, their teammates and the whole hockey experience. We think that there is a lot that girls can learn about life from a great hockey experience in a positive environment. We have fun as a team with the girls and with our "extended" team of parents and siblings.

For more information about the program, please contact Andrew Callum at 416-489-0547.