

## **Toronto Leaside Wildcats Bantam AA**

Head Coaches: Margaret Jennings and Kim McCullough

We are excited to have the opportunity to co-coach the Toronto-Leaside Wildcats Bantam AA team for the 2012/13 season.

In the 2011/12 season, Margaret was the Head Coach of the Willowdale Midget AA team, while Kim was the Head Coach of the Leaside Bantam AA team and an Associate Coach for the Toronto Aeros Midget AA team. Kim will also be a Head Coach at the 2012 Ontario Winter Games and has completed her High Performance 1 coaching certification through Hockey Canada, which is required to work with elite players at the Under-18 and senior level nationally, and has been invited to complete the High Performance 2 certification this summer.

Kim played for the Leaside Wildcats organization for her entire minor career (Bantam, Midget and Intermediate) before playing NCAA Division 1 hockey at Dartmouth College (Ivy League). Margaret played boys AAA hockey in the Windsor area and played in the PWHL before playing NCAA Division 1 hockey (and rugby) at Princeton University (Ivy League). We have both been hockey instructors since we were 16 years old and have coached together for the past 3 years with Total Female Hockey, which runs hockey camps and provides specialized training resources for female players and teams all over North America. We also run the girls' hockey program at the PEAC School for Elite Athletes in Toronto. Helping players realize their potential is our true passion.

Our coaching philosophy is focused on individual player development and creating a team dynamic in which everyone brings their strengths to the table in order to achieve a common goal. Our aim is to help players understand the game and to help them become better athletes/people. We have gained a lot through our experiences with hockey, and enjoy having the opportunity to pass on our knowledge and help girls following the same path to achieve their goals.

Professional skill instruction for the players will be provided by the head coaches and goalie instruction will be provided by Sandy Sampson, Director of Just Goalie hockey school. In addition to 3-4 hours on practice time each week, our program will include weekly off-ice conditioning sessions, off-season training programs, a pre-season training camp, and will also incorporate mental performance and nutrition sessions to help all players perform their best. We plan to enter 4-6 tournaments over the course of the season. Players will also have opportunities to practice/play with the Midget AA team as Kim is coaching both teams.

We are looking for skilled players who are committed to working hard on and off the ice, and are dedicated to becoming the best players they can be while having a strong "team first" mentality. Interested players should contact us directly in advance of tryouts. Best of luck to all those who attend tryouts and we look forward to a successful season.

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